

..... THE .....

bookwifery

Discernment

Guide



9 Questions to Help You  
Find Book Clarity

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<sup>A</sup>bookwifery  
RESOURCE

Discernment is a fancy word for the process of making a decision. But there's more to it than that. In a spiritual context, it connotes listening and paying attention to the movements of our hearts and the movements and presence of God in our process of decision.

Is a book part of your work in this world?

This discernment guide helps you begin to explore whether a book wants to be born through you. It is my prayer it brings you clarity, peace of mind, and the delight of discovery, whether or not you're meant to birth a book.

—Christianne Squires

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## BOOK-RELATED QUESTIONS

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### QUESTION 1

How have you begun to notice you might be on the path to writing a book?

## QUESTION 2

What emotions do you notice as you hold this possibility?

## QUESTION 3

Why do you want to write this book?

## QUESTION 4

What concerns do you have about writing it?

## QUESTION 5

In what direction does your life's vocation seem to be headed?

## QUESTION 6

On a scale of 1 to 10, how much do you enjoy writing?

1      2      3      4      5      6      7      8      9      10



I loathe  
it

It keeps  
me alive

## QUESTION 7

On a scale of 1 to 10, how much do you enjoy reading books?

1      2      3      4      5      6      7      8      9      10



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## PREVIOUS DISCERNMENT WORK



Make a list of previous decisions that required discernment.

### QUESTION 8

What patterns do you notice (if any) about how you've come to know previous decisions were right for you?



## KEY SPIRITUAL EXPERIENCES



Make a list of key moments you would name as foundational spiritual experiences or experiences of God.

### QUESTION 9

What do these experiences teach you about how you and God communicate with each other?

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## WHERE TO GO FROM HERE . . .

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To interpret your responses to the nine questions, I encourage you to access this additional resource:

- [The Interpretive Guide to the Book Pregnancy Test](#)

Blessings as you continue your discernment and pathway forward!

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**Christianne Squires** has worked in publishing and editorial for more than 20 years. She has been a practitioner of the soul for 15 years through dedicated training in spiritual formation and spiritual direction. Learn more at [www.bookwifery.com](http://www.bookwifery.com).

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