THE

bookwifery

Discernment

Guide



9 Questions to Help You Find Book Clarity

> bookwifery RESOURCE

Discernment is a fancy word for the process of making a decision. But there's more to it than that. In a spiritual context, it connotes listening and paying attention to the movements of our hearts and the movements and presence of God in our process of decision.

Is a book part of your work in this world?

This discernment guide helps you begin to explore whether a book wants to be born through you. It is my prayer it brings you clarity, peace of mind, and the delight of discovery, whether or not you're meant to birth a book.

-Christianne Squires

BOOK-RELATED QUESTIONS

QUESTION 1

How have you begun to notice you might be on the path to writing a book?

QUESTION 2

What emotions do you notice as you hold this possibility?

QUESTION 3

Why do you want to write this book?

QUESTION 4

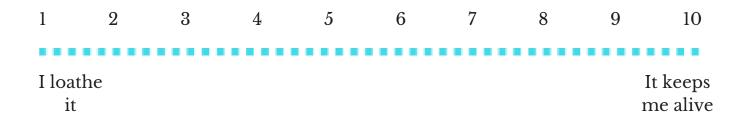
What concerns do you have about writing it?

QUESTION 5

In what direction does your life's vocation seem to be headed?

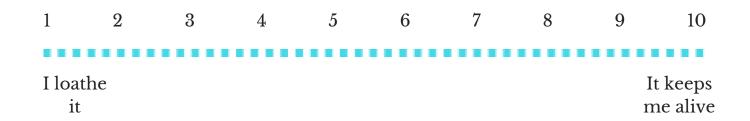
QUESTION 6

On a scale of 1 to 10, how much do you enjoy writing?



QUESTION 7

On a scale of 1 to 10, how much do you enjoy reading books?



PREVIOUS DISCERNMENT WORK

Make a list of previous decisions that required discernment.

QUESTION 8

What patterns do you notice (if any) about how you've come to know previous decisions were right for you?

KEY SPIRITUAL EXPERIENCES

Make a list of key moments you would name as foundational spiritual experiences or experiences of God.

QUESTION 9

What do these experiences teach you about how you and God communicate with each other?

WHERE TO GO FROM HERE... To interpret your responses to the nine questions, I encourage you to access this additional resource: • The Interpretive Guide to the Book Pregnancy Test Blessings as you continue your discernment and pathway forward! Christianne Squires has worked in publishing and editorial for more than 20 years. She has been a practitioner of the soul for 15 years through dedicated training in spiritual formation and spiritual direction. Learn more at www.bookwifery.com.